

MODULE 9 — SPIRITUAL INTIMACY AS THE DEEPEST BOND

Couples Who Pray Together Stay Together

“Though one may be overpowered, two can defend themselves. A cord of three strands is not quickly broken.” – Ecclesiastes 4:12

“Shared spiritual practice creates a third presence in the marriage – not just husband and wife pursuing each other, but both being pursued by God together.”

“Praying out loud with your spouse, sharing faith struggles, confessing needs before God together – this is the deepest form of intimacy available to a couple.”

STEP 1 — SELF-ASSESSMENT (1-10 RATING + YOUR REFLECTION)

On a scale of 1-10, how genuinely shared is our spiritual life right now – not parallel religious activity, but actual intimacy with God in each other’s presence?

1	2	3	4	5	6	7	8	9	10
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STEP 2 — BOTH VOICES (WRITE YOURS, THEN HEAR YOUR SPOUSE’S)

MY PERSPECTIVE

SPOUSE’S PERSPECTIVE

Do you feel spiritually close to me – or do we practice faith beside each other without it connecting us? What would shared spiritual intimacy look like to you?

STEP 3 — ACTION COMMITMENT (WHAT I WILL DO THIS WEEK)

One spiritual practice we will begin together this week – however small, however imperfect – starting tonight:

STEP 4 — DEEPER REFLECTION

When did we stop growing spiritually together? What is it costing our marriage that God is not at the center of it – together? What am I afraid of about praying with my spouse?

ALIGNMENT CHECK — AFTER THE MODULE

We commit to one shared spiritual practice beginning this week: _____.

Signed:

Signed:

Date: _____