

MODULE 7 — AFFECTION

The Language She Speaks — Deeply Emotional, Deeply Affectionate

STEP 1 — SELF-ASSESSMENT (complete before the module)

On a scale of 1–10, how consistently do I offer my wife non-sexual affection — touch, tenderness, and warmth — with no agenda?

My Rating	1	2	3	4	5	6	7	8	9	10
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“Affection with an agenda is not affection. It is negotiation.”

“Touch her with no agenda and you reach her without a word.”

STEP 2 — HER VOICE (she answers in her own words)

What kinds of affection mean the most to you? What do I do — or not do — that makes you feel most loved physically?

HIM	HER
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STEP 3 — ACTION COMMITMENT (husband completes)

One act of non-sexual affection I will give my wife daily this week — with no agenda:

STEP 4 — REFLECTION (honest, private, written)

Does my wife receive affection from me primarily as love, or as a request? What does my pattern of affection communicate to her?

AFTER THE MODULE — Alignment Check

What is the one thing I commit to doing differently in this area starting today?

Signed: _____ Date: _____