

# UNDERSTANDING EXPECTATIONS

## Post-Course Assessment

### Where Is Your Marriage Right Now?

Rate each area 1–5. (1 = Struggling, 5 = Strong)

- I clearly know what my spouse expects from me. \_\_\_\_\_
- My spouse knows what I truly expect from them. \_\_\_\_\_
- We have discussed and aligned our expectations about roles. \_\_\_\_\_
- Our expectations about intimacy and affection are now aligned. \_\_\_\_\_
- We communicate openly without fear about expectations. \_\_\_\_\_
- We handle unmet expectations with grace and understanding. \_\_\_\_\_

My marriage right now in one sentence:

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The biggest shift this course produced in me:

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Signed: \_\_\_\_\_

Date: \_\_\_\_\_