

# MODULE 2 – TAKE RESPONSIBILITY FOR YOUR PART

*Humility Is the Most Powerful Tool in the Room*

James 4:1 / Proverbs 13:10

## STEP 1 – SELF-ASSESSMENT (complete individually before discussing)

On a scale of 1–10, how honestly do I examine my own contribution to conflict – rather than focusing primarily on what my spouse did wrong?

<b>My Rating:</b>	1	2	3	4	5	6	7	8	9	10
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*“The first question is not what did they do – it is what is my fault?”*

*“Humility is not weakness. It is the most disarming force in any argument.”*

## STEP 2 – YOUR PARTNER’S VOICE (both respond in their own words)

When we argue, do you feel I take genuine responsibility for my part – or do I deflect, justify, or turn it back to you? What would it mean to you if I owned my fault first?

HIM	HER
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## STEP 3 – ACTION COMMITMENT (each spouse completes)

One recent conflict where I held onto my position instead of taking responsibility – and what I will say to my spouse to own my part of it:

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## STEP 4 – REFLECTION (honest, private, written)

Where does pride show up most in how I handle conflict? What do I protect – my reputation, my record, my being right – that I need to surrender?

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## AFTER THE MODULE – Alignment Check

What is the one change we will both commit to making in how we handle conflict, starting today?

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Signed: \_\_\_\_\_ Date: \_\_\_\_\_