

EXPECTATION COURSE

MODULE 5

Expectations in the Major Areas of Marriage

TRANSFORMATION WORKSHEET

Mr. Marriage • The Successful Couple • Lloyd Allen Ministries

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Expectations in the Major Areas of Marriage

Work through each area individually first. Write your true expectation — not the safe version. Then compare with your spouse.

HOW TO USE THIS WORKSHEET

For each area: (1) Write your honest expectation. (2) Read the Scripture anchor. (3) Ask — am I meeting what God requires of me here? (4) Share and discuss with your spouse.

■ SEX & INTIMACY

His expectation in this area:

How often do you expect to be intimate? What does a fulfilling sex life look like to you? What makes you feel desired and pursued?

Her expectation in this area:

What do you need emotionally before you can be fully present physically? What would make you feel cherished in this area?

■ 1 Corinthians 7:3–5

The husband and wife owe each other sexual intimacy. Withholding is not a tool — it is a covenant breach.

■ COMMUNICATION

His expectation in this area:

How often do you need deep, uninterrupted conversation? What does feeling truly heard look like to you?

Her expectation in this area:

What kind of communication makes you feel emotionally safe? What communication pattern hurts you most?

■ **Proverbs 18:2 — James 1:19**

A covenant spouse seeks to understand before being understood. Listening is an act of love, not a passive role.

■ **FINANCES & MONEY**

His expectation in this area:

What are your expectations around spending, saving, debt, and financial decisions? Who do you expect to lead financially?

Her expectation in this area:

What financial security do you need to feel at peace in this marriage? What financial behavior makes you feel unsafe?

■ **Proverbs 21:5 — Luke 14:28**

God calls couples to plan wisely and build together. Financial unity is a spiritual discipline, not just a practical one.

■ **SPIRITUAL LIFE & LEADERSHIP**

His expectation in this area:

What does spiritual headship look like to you practically — in the home, in worship, in prayer?

Her expectation in this area:

What spiritual involvement from your husband makes you feel led and protected? What spiritual absence makes you feel abandoned?

■ **Ephesians 5:25–27 — Joshua 24:15**

The husband is called to lead his household spiritually. This is not a suggestion — it is a covenant responsibility.

■ **PARENTING & CHILDREN**

His expectation in this area:

What parenting style do you expect — discipline, involvement, presence? What does being a great father look like daily?

Her expectation in this area:

What do you need from your spouse as a co-parent to feel supported and not alone in raising your children?

■ **Proverbs 22:6 — Ephesians 6:4**

Both parents are called to train, not just manage. Children need a father who leads and a mother who nurtures — working as one.

■■■■■ **IN-LAWS & EXTENDED FAMILY**

His expectation in this area:

What are your expectations about how much time, access, and influence extended family should have in your marriage?

Her expectation in this area:

What boundaries do you need around family to feel that your marriage is the priority — not an afterthought?

■ **Genesis 2:24**

"Leave and cleave" is a command, not a suggestion. Your marriage is its own household. Extended family are guests — not governors.

■ **ROLES & RESPONSIBILITIES**

His expectation in this area:

What do you expect your role as husband to look like daily — in the home, in leadership, in provision and protection?

Her expectation in this area:

What do you expect from your husband in his role — and what responsibilities do you believe are yours to carry?

■ **Ephesians 5:22–28 — Proverbs 31:10–12**

Biblical roles are not about superiority. They are about order, protection, and love. Each spouse is called to serve the other.

♥ ■ **AFFECTION & EMOTIONAL NEEDS**

His expectation in this area:

How do you need to be shown love daily? What does feeling respected and appreciated look like in practical terms?

Her expectation in this area:

What kind of affection fills your emotional tank? What absence of affection makes you feel invisible or unloved?

■ **Song of Solomon 2:4 — 1 Peter 3:7**

Affection is not optional in covenant marriage. A husband honors his wife. A wife respects her husband. Both are daily acts of love.

PART 2 — SCRIPTURE ACCOUNTABILITY CHECK

This is not about your spouse. This is about you. Answer before God — not in comparison to your partner.

In this area, am I meeting what God requires of me?	His Rating (1–5)	Her Rating (1–5)
Sex & Intimacy	—	—
Communication	—	—
Finances & Money	—	—
Spiritual Leadership	—	—
Parenting	—	—
In-Laws & Boundaries	—	—

Roles & Responsibilities	_____	_____
Affection & Emotional Needs	_____	_____

Which area did you rate yourself lowest — and what one specific action could you take this week to improve?

PART 3 — HONEST CHECK-IN

Q1. Which area has been the biggest source of unspoken tension in your marriage?

- A** Sex & Intimacy — frequency, connection, or feeling desired
- B** Finances — spending, debt, or financial decisions
- C** In-laws — boundaries, access, or divided loyalty
- D** Spiritual life — one spouse more engaged than the other

Q2. When you think about what God requires of you as a spouse — your honest response is:

- A** I've never thought about it in terms of what I owe — only what I need
- B** I know what's required but I've been falling short
- C** I'm trying but feel unequipped in some areas
- D** I take my covenant responsibilities seriously and actively work at them

Q3. Which area would your spouse say you need to grow in most?

- A** Emotional presence and affection
- B** Spiritual leadership and engagement
- C** Communication and listening
- D** Roles, responsibility, and follow-through

PART 4 — COUPLE CONVERSATION STARTER

Go through each area together. Share your written expectations — listen without interrupting.

Which area surprised you most when you heard your spouse's expectation — and why?

Which area do you feel you have been meeting well — and which one do you want to actively improve in?

As a couple — pick the ONE area you will commit to working on together first. What is your first concrete step?

PART 5 — COVENANT COMMITMENT

MY COMMITMENT

"I will stop expecting my spouse to meet standards I have never clearly communicated.

I will take personal responsibility for what God requires of me — in every area.

I will not use my spouse's shortcomings to excuse my own.

I choose to be the spouse I am asking God to send."

Signed (Husband):

Signed (Wife):

Date:



