

# MODULE 7 — RELATIVES MOVING IN

## Managing Extended Family Living Arrangements Worksheet

INSTRUCTIONS: Complete this worksheet individually, then discuss your answers with your spouse. Be honest about what you have observed, not what you wish were true.

### 1. CURRENT LIVING SITUATION

Is anyone from your spouse's extended family currently living with you or nearby?

Was this decision made jointly by both of you, or did your spouse make this commitment before discussing it with you?

How is this arrangement affecting your marriage?

### 2. FINANCIAL IMPACT

Is supporting a family member financially straining your marriage budget?

Who makes decisions about financial contributions? Are you both in agreement?

What are the expectations about how long this support will continue?

### 3. PRIVACY & BOUNDARIES

How does having someone else in your home affect your privacy and intimacy?

Are household rules clear and agreed upon by everyone?

Does your spouse prioritize your comfort or the relative's comfort?

### 4. ROLES & RESPONSIBILITIES

Who is responsible for this family member's care, meals, and daily needs?

Is the burden falling on you, your spouse, or shared equally?

Does your spouse enable or encourage the family member's independence, or create dependence?

### 5. FUTURE PLANS

Do you and your spouse agree on how long this arrangement will last?

What is the plan for the family member's independence?

What would cause you to need to change this arrangement?

**KEY REFLECTION: How is extended family living in your home affecting your marriage?**

**What boundaries need to be set to protect your marriage and create clarity about this arrangement?**