

CATEGORY 8
Extended Family & In-Laws

Couples Discussion Guide

INSTRUCTIONS

Complete your side independently first. Be honest — not diplomatic. Then share with your partner and discuss. The goal is understanding, not agreement.

QUESTION REFLECTION

For each question, write your honest answer in 1–3 sentences.

1. What influence, if any do you believe our families should have on our marriage?

Him:

Her:

2. How involved will your family be in our lives?

Him:

Her:

3. Will you approve financial assistance for my relatives?

Him:

Her:

4. Will you assist or support them when needed?

Him:

Her:

5. How should we handle holiday celebrations with both families?

Him:

Her:

6. What boundaries should we establish with our parents?

Him:

Her:

7. How should we handle criticism or advice from family members?

Him:

Her:

8. What happens if there's conflict between our families?

Him:

Her:

9. How much information about our marriage should we share with family?

Him:

Her:

10. Should our parents have keys to our home?

Him:

Her:

11. How should we handle unexpected visits from family?

Him:

Her:

12. What role should grandparents play in our children's lives?

Him:

Her:

13. How should we handle family traditions that conflict with each other?

Him:

Her:

14. What happens if family members don't approve of our marriage?

Him:

Her:

15. How should we support aging parents in the future?

Him:

Her:

AFTER THE DISCUSSION — Complete Together

The answer that surprised me most from my partner was:

One expectation I now understand about my partner that I didn't before:

One thing I am committing to do differently based on this conversation:

ALIGNMENT RATING

Circle one for each:

How aligned are we on family involvement in our marriage?

1 — 2 — 3 — 4 — 5 — 6 — 7 — 8 — 9 — 10

How satisfied am I with our family boundaries?

1 — 2 — 3 — 4 — 5 — 6 — 7 — 8 — 9 — 10

OUR AGREEMENT

Write one shared commitment based on what you discovered in this category:

"In the area of Extended Family and In-Laws, we agree to:

"

Signed: _____ **&** _____

Date: _____