

CATEGORY 10

Parenting & Family Planning

Couples Discussion Guide

INSTRUCTIONS

Complete your side independently first. Be honest — not diplomatic. Then share with your partner and discuss. The goal is understanding, not agreement.

QUESTION REFLECTION

For each question, write your honest answer in 1–3 sentences.

1. What parenting skills will you implement in our family? Laissez faire, authoritarian or authoritative?

Him:

Her:

2. Will you be the indulgent parent, the authoritarian or one who combines firmness with gentleness?

Him:

Her:

3. How many children do you want to have?

Him:

Her:

4. What are your thoughts on discipline and punishment?

Him:

Her:

5. How should we handle disagreements about parenting decisions?

Him:

Her:

6. What values do you want to instill in our children?

Him:

Her:

7. How should we handle education decisions (public, private, homeschool)?

Him:

Her:

8. What role should extended family play in raising our children?

Him:

Her:

9. How should we teach our children about money and work?

Him:

Her:

10. What traditions do you want to establish with our children?

Him:

Her:

11. How should we handle technology and screen time for kids?

Him:

Her:

12. What happens if we struggle with infertility?

Him:

Her:

13. Are you open to adoption if needed?

Him:

Her:

14. How should we prepare financially for children?

Him:

Her:

15. What does work-life balance look like with children?

Him:

Her:

AFTER THE DISCUSSION — Complete Together

The answer that surprised me most from my partner was:

One expectation I now understand about my partner that I didn't before:

One thing I am committing to do differently based on this conversation:

ALIGNMENT RATING

Circle one for each:

How aligned are we on parenting approaches and family planning?

1 — 2 — 3 — 4 — 5 — 6 — 7 — 8 — 9 — 10

How satisfied am I with our family planning discussions?

1 — 2 — 3 — 4 — 5 — 6 — 7 — 8 — 9 — 10

OUR AGREEMENT

Write one shared commitment based on what you discovered in this category:

"In the area of Parenting and Family Planning, we agree to:

"

Signed: _____ **&** _____

Date: _____