

# MODULE 6 – TAKE A SOLUTION-FOCUSED APPROACH

*The Ministry of Reconciliation Starts at Home*

2 Corinthians 5:18

## STEP 1 – SELF-ASSESSMENT (complete individually before discussing)

On a scale of 1–10, how consistently do I approach conflict with a focus on restoration and repair – rather than establishing fault, winning the argument, or keeping score?

<b>My Rating:</b>	1	2	3	4	5	6	7	8	9	10
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*“The question is not who was right – it is can we repair this?”*

*“Every couple that repairs what is broken is preaching the gospel to each other.”*

## STEP 2 – YOUR PARTNER’S VOICE (both respond in their own words)

When we have conflict, do you feel I am working toward us – or toward being right? What would it look like if I showed up more focused on healing than on winning?

HIM	HER
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## STEP 3 – ACTION COMMITMENT (each spouse completes)

**One unresolved conflict or wound in our marriage that I will approach with a repair-focused mindset this week – and the first step I will take:**

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## STEP 4 – REFLECTION (honest, private, written)

What unresolved conflicts have I allowed to become permanent walls? What would it cost me – in pride, in position – to initiate the repair? Is that cost worth more than the relationship?

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## AFTER THE MODULE – Alignment Check

**What is the one change we will both commit to making in how we handle conflict, starting today?**

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Signed: \_\_\_\_\_ Date: \_\_\_\_\_