

CATEGORY 6

Relational Expectations

Couples Discussion Guide

INSTRUCTIONS

Complete your side independently first. Be honest — not diplomatic. Then share with your partner and discuss. The goal is understanding, not agreement.

QUESTION REFLECTION

For each question, write your honest answer in 1–3 sentences.

1. What is something I do now, or could do in the future that would make you not trust me?

Him:

Her:

2. Is a great career more important than our marriage and family?

Him:

Her:

3. What kind of rules do you want to establish for our marriage?

Him:

Her:

4. How much alone time do you need in a relationship?

Him:

Her:

5. What does quality time together look like to you?

Him:

Her:

6. How should we handle friendships with people of the opposite sex?

Him:

Her:

7. What boundaries should we have with ex-partners?

Him:

Her:

8. How important is it to have mutual friends versus separate friends?

Him:

Her:

9. What role should our extended families play in our decision-making?

Him:

Her:

10. How should we support each other's personal growth and goals?

Him:

Her:

11. What does loyalty mean to you in marriage?

Him:

Her:

12. How should we handle situations where we disagree in public?

Him:

Her:

13. What are your expectations about anniversary celebrations?

Him:

Her:

14. How should we maintain romance and dating within marriage?

Him:

Her:

15. What does emotional support look like when one of us is struggling?

Him:

Her:

AFTER THE DISCUSSION — Complete Together

The answer that surprised me most from my partner was:

One expectation I now understand about my partner that I didn't before:

One thing I am committing to do differently based on this conversation:

ALIGNMENT RATING

Circle one for each:

How aligned are we on relational boundaries and expectations?

1 — 2 — 3 — 4 — 5 — 6 — 7 — 8 — 9 — 10

How satisfied am I with how we maintain our relationship?

1 — 2 — 3 — 4 — 5 — 6 — 7 — 8 — 9 — 10

OUR AGREEMENT

Write one shared commitment based on what you discovered in this category:

"In the area of Relational Expectations, we agree to:

"

Signed: _____ **&** _____

Date: _____