

Theology and Sexual Intimacy

Course Title: Human Sexuality CSL-650

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What is theology?

- The word, theology, comes from two Greek words, theos (God) and logos (word). From them we can see that theology is the study of God which, of course, includes His attributes.
- God is the single supreme being in all the universe. He has such attributes as omniscience (all-knowing, 1 John 3:20), omnipresence (existing everywhere, Psalm 139:7-12), and omnipotence (He accomplishes whatever He desires, Jer. 32:17, 27). He is eternal (Psalm 90:2), holy (Isaiah 6:3), merciful (Psalm 67:1), and gracious (1 Pet. 2:3).
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- All these things we discover about God from the Bible. Therefore, theology is very important because in it we can discover who and what God is and what He desires for us (1 Cor. 1:9).

What is the Bible?

- A book written through plenary inspiration.
- 2 Peter 2:21 :“For the prophecy came not in old time by the will of man; but holy men of God spake as they were moved by the Holy Ghost”.

The study of man

- The ultimate goal of Christian theology is to learn about God, His nature, and His will, and how they apply to ourselves. Therefore, Christian theology also includes the study of man because God deals with man, saves him (Eph. 2:8), and loves him (John 3:16).

God's purpose for sex



- God gave sex as a blessing “+” .
- <https://www.youtube.com/watch?v=b9KaYSjb2Hs>

(3:31-5:55)

God's purpose for sex, cont'd

- Sex is not cheap
- Sex carries a price
- Sex is for responsible people (9:00-12:00)
- A duty to guard your body (12-14:55)

<https://www.youtube.com/watch?v=b9KaYSjb2Hs>

God's purpose for sex, cont'd

- The Biblical purpose of sex is multifaceted. God has given sex to us as a means of glorifying Him as we fulfill its design for **procreation, intimacy, comfort, and physical pleasure**. It is a fulfillment of God's created order in marriage between a husband and wife.

Procreation

Gen. 1:28, "And God blessed them; and God said to them, 'Be fruitful and multiply, and fill the earth, and subdue it; and rule over the fish of the sea and over the birds of the sky, and over every living thing that moves on the earth.'

Intimacy

- **Song 1:13, "My beloved is to me a pouch of myrrh which lies all night between my breasts."**
- **Song 2:3, "Like an apple tree among the trees of the forest, so is my beloved among the young men. In his shade I took great delight and sat down, and his fruit was sweet to my taste."**
- **Song 2:6, "Let his left hand be under my head and his right hand embrace me."**
- **Song 4:5, "Your two breasts are like two fawns, twins of a gazelle, which feed among the lilies."**

Companionship

- Song 3:1, "On my bed night after night I sought him whom my soul loves . . ."

Physical Pleasure

- Song 1:2, "May he kiss me with the kisses of his mouth! For your love is better than wine."

A Monogamous relationship



- The sexual relation is only properly expressed in marriage between a husband and wife (1 Cor. 7:2-3). Any sexual contact between unmarried people is sinful since it violates God's design.

The sexual relation is a sacred experience.

- Theologians believe that the sexual union is representative of the intimacy found in the Trinity.
- The three persons in the Godhead are, after all, one God. This is why Jesus said that He and the Father were **one** (John 10:30). God says that when a man and woman get married, they become **one** flesh (Gen. 2:24). This expression of physical union has a spiritual aspect to it ("the two become one flesh") and is why the sexual relation is regarded as a sacred experience.

Illicit sexual acts not allowed.

- The marriage bed must not violate the commandments of God in thought or deed--no adultery, no pornography, no voyeurism, no bestiality, incest, etc. The sexual union is **God-ordained** and **God-given** and must be experienced only in the sacred context of marriage.

The Christian is taught to avoid pornography

Pornography is likened unto an oppressive chain wrapped around one's leg. It teaches a man:

- 1. You should only look at women as sex objects.
- 2. You should never get tangled up in a committed relationship with a woman for the rest of your life.
- 3. You should be totally uninhibited by shame or immorality.
- 4. And fidelity? That's for prudes and losers.

Pornography makes men cowards. Pornography encourages a man to avoid taking a risk on a real relationship. This means that a man remains a boy and never becomes a man. It is time to break free and become the sexual man God created you to be.

Porn is cheating. Deal with It.

- Porn rewires your brain so that what becomes arousing is a picture or an image, and not a real live human being. Porn will make you impotent in your marriage. It will make your wife feel like trash and will make her feel angry and unwanted. And it is a form of cheating.
- It is not okay. It is not harmless. It is not something you do just to “rev the engines” or to give your wife a break sometimes. It is wrong. End of story.

Is anal sex okay between a married couple?

- Lev. 18:22, "You shall not lie with a male as one lies with a female; it is an abomination."
- Judges 19:22, "While they were making merry, behold, the men of the city (Sodom), certain worthless fellows, surrounded the house, pounding the door; and they spoke to the owner of the house, the old man, saying, 'Bring out the man who came into your house that we may have relations with him.'"

Anal Sex, cont'd

- **God's Wrath against Sin Romans 1:27**
...26For this reason God gave them over to degrading passions; for their women exchanged the natural function for that which is unnatural, 27and in the same way also the men abandoned the natural function of the woman and burned in their desire toward one another, men with men committing indecent acts and receiving in their own persons the due penalty of their error. 28And just as they did not see fit to acknowledge God any longer, God gave them over to a depraved mind, to do those things which are not proper,

Anal Sex, cont'd

- The Bible condemns anal sex, which is called sodomy. Remember Sodom and Gomorrah? God condemned the cities for their immorality--with homosexuality being one of the worst sins committed there. Anal sex is practiced in the homosexual lifestyle and is an unnatural sexual practice.
- Think about it. Male and female are meant to bond, not male to male and female to female. The natural biological structures (penis and vagina) are obviously designed for each other. Also, God's intent is for men and women to marry each other and have normal sexual relations within the bonds of marriage. Anal sex is not normal sexual intercourse.

Christian Sex Advice for Men: Here's What Women Wish You Understood

1. Tell Your Wife she's Beautiful
2. Touch Her—Without Expecting It to Go Anywhere
3. Don't Make her More Exhausted than She Already Is
4. Figure out Where the Clitoris is—And What To Do with It
5. Porn is cheating. Deal with It.

Christian Sex Advice for Men

- **6. Talk to Her**

Want more action in the bedroom? Better make sure there's action outside of the bedroom, too. Men make love to feel loved; women need to feel loved in order to make love. Why should she jump into bed with you if you haven't taken the time to figure out what's happened during her day? Just take a walk with her every night and catch up. Listen to her. Give her a chance to share her heart.

- **7. See a Doctor**

If you're the one with the lower sex drive, and it's not because you're using porn, see a doctor. That's not fair to your wife. You may be able to live with infrequent sex, but she feels undesired and unfulfilled, and you are responsible for that. Sex is not optional in a marriage. So go to a doctor! They've heard far worse before. If there's a relatively easy fix to your low libido, why would you not take it? Don't be selfish. Do something about it!

Sex advice for men

- **8. Sometimes She Can't Make Love. Let it Go.**
- After she's had a baby, she needs six weeks before she can have sex again
- If she's having her period, and she feels distinctly unsexy, go for five days without sex
- And if she's in her first trimester and she's puking all the time, instead of worrying about your own sex drive, how about getting a cold cloth for her head?
- **9. Love Her Anyway**
- All marriages go through periods where we feel more distant from each other. Love her anyway. She is your wife. That is your responsibility. And if you love her and cherish her, it will be easier for her to emerge from the funk she's in.

Sex advice for women

- 1. We Respond to Praise
- 2. We Fear Intimacy....
- 3. We Appreciate Sex for Sex's Sake
- 5. We Encourage Fantasies
- 6. We Like It When You Talk
- 7. We Need Your Honesty

Save sex for marriage



- <https://www.youtube.com/watch?v=b9KaYSjb2Hs>
- (28:24-31 Close)

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