

## THE MARRIAGE DISCUSSION GUIDE

Category 9 of 15

# Communication & Conflict Resolution

[www.MrMarriage.com](http://www.MrMarriage.com)

*Discuss each question openly and honestly. Complete independently first – then share with your partner.*

|          |   |
|----------|---|
| <b>1</b> | <b>Are you capable of honestly expressing your feelings without attacking your partner's character?</b> |
| <b>2</b> | <b>Are you able to listen without interrupting whenever your partner is talking?</b>                    |
| <b>3</b> | <b>Do you become impatient easily when asked to repeat or clarify your thoughts?</b>                    |
| <b>4</b> | <b>Do you yell, swear, or engage in vulgarity when communicating?</b>                                   |
| <b>5</b> | <b>How open will you be in discussing your disagreements and disappointments?</b>                       |
| <b>6</b> | <b>How will you react or respond when hurt by your partner?</b>   |
| <b>7</b> | <b>Will you become explosive or withdraw in silence?</b>  |
| <b>8</b> | <b>Will you stonewall or discuss the issue?</b>   |

See the full EXPECTATION COURSE with questions for all 15 categories (Over 200 Questions): [MrMarriage.com](http://MrMarriage.com)

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|-----------|--|
| <b>9</b>  | <b>How did your family resolve conflict when you were growing up?</b>                        |
| <b>10</b> | <b>Was that a good pattern or not?</b>   |
| <b>11</b> | <b>What would you change about the way they resolved conflicts to apply to our marriage?</b> |
| <b>12</b> | <b>Do you have good listening skills?</b>  |
| <b>13</b> | <b>How important is listening to what your partner has to say?</b>                           |
| <b>14</b> | <b>Will you listen to reply, with an agenda, or to learn and understand?</b>                 |
| <b>15</b> | <b>What does it mean to have an honest conversation?</b>                                     |

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