

MODULE 2 — LEAD

The Direction She Follows — He is the Thermostat

STEP 1 — SELF-ASSESSMENT (complete before the module)

On a scale of 1–10, how effectively am I setting the spiritual, emotional, and relational temperature of our home?

My Rating:	1	2	3	4	5	6	7	8	9	10
------------	---	---	---	---	---	---	---	---	---	----

“She needs a man who leads her toward God, not away from Him.”

“Real leadership is weight carried, not authority demanded.”

STEP 2 — HER VOICE (she answers in her own words)

In what areas do you most need me to lead? Where have you been carrying weight that belongs to me?

HIM	HER

STEP 3 — ACTION COMMITMENT (husband completes)

One specific act of leadership I will take this week — spiritually, emotionally, or practically:

STEP 4 — REFLECTION (honest, private, written)

Am I a thermostat or a thermometer in our home right now? What does my wife's mood tell me about the temperature I have been setting?

AFTER THE MODULE — Alignment Check

What is the one thing I commit to doing differently in this area starting today?

Signed: _____ Date: _____