

FROM ROOMMATES TO SOULMATES

Post-Course Assessment

Where Is Your Marriage Now?

Rate each area 1–5. (1 = Struggling, 5 = Strong)

- We communicate openly and honestly. _____ (1–5)
- I know what my spouse truly expects from me. _____ (1–5)
- We handle conflict without damage. _____ (1–5)
- I feel emotionally connected to my spouse. _____ (1–5)
- We are aligned in the major areas of marriage. _____ (1–5)
- I feel heard, valued, and understood. _____ (1–5)

My marriage right now in one sentence:

The biggest shift this course produced in me:

Signed: _____

Date: _____