

CATEGORY 13

Commitment & Loyalty

Couples Discussion Guide

INSTRUCTIONS

Complete your side independently first. Be honest — not diplomatic. Then share with your partner and discuss. The goal is understanding, not agreement.

QUESTION REFLECTION

For each question, write your honest answer in 1–3 sentences.

1. The wedding vows state: "Forsaking all others, keep yourself only unto her/him, for as long as you both shall live". What does this mean for you?

Him:

Her:

2. How can you convince me that you will be able to embrace this commitment?

Him:

Her:

3. Should we end the relationship if you fail here?

Him:

Her:

4. Why do you think you are capable of being loyal to one partner for life?

Him:

Her:

5. What does faithfulness mean beyond sexual fidelity?

Him:

Her:

6. How should we handle attraction to other people?

Him:

Her:

7. What boundaries should we establish to protect our marriage?

Him:

Her:

8. How important is transparency in our relationship?

Him:

Her:

9. What does "forsaking all others" mean in practical terms?

Him:

Her:

10. How should we handle temptation or difficult seasons in marriage?

Him:

Her:

11. What role does trust play in your understanding of marriage?

Him:

Her:

12. How do we rebuild trust if it's broken?

Him:

Her:

13. What does unconditional commitment look like to you?

Him:

Her:

14. How should we support each other through personal struggles?

Him:

Her:

15. What happens when one person wants to give up on the marriage?

Him:

Her:

AFTER THE DISCUSSION — Complete Together

The answer that surprised me most from my partner was:

One expectation I now understand about my partner that I didn't before:

One thing I am committing to do differently based on this conversation:

ALIGNMENT RATING

Circle one for each:

How aligned are we on commitment and loyalty in marriage?

1 — 2 — 3 — 4 — 5 — 6 — 7 — 8 — 9 — 10

How confident am I in our mutual commitment?

1 — 2 — 3 — 4 — 5 — 6 — 7 — 8 — 9 — 10

OUR AGREEMENT

Write one shared commitment based on what you discovered in this category:

"In the area of Commitment and Loyalty, we agree to:

"

Signed: _____ **&** _____

Date: _____